



Rock Point Church
Rocky High | 11.30.25

Matthew 6:5-14 (NLT)

⁵ “When you pray, don’t be like the hypocrites who love to pray publicly on street corners and in the synagogues where everyone can see them. I tell you the truth, that is all the reward they will ever get. ⁶ But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you.

⁷ “When you pray, don’t babble on and on as the Gentiles do. They think their prayers are answered merely by repeating their words again and again. ⁸ Don’t be like them, for your Father knows exactly what you need even before you ask him! ⁹ Pray like this:

Our Father in heaven,

may your name be kept holy.

¹⁰ May your Kingdom come soon.

May your will be done on earth,
as it is in heaven.

¹¹ Give us today the food we need,

¹² and forgive us our sins,
as we have forgiven those who sin against us.

¹³ And don’t let us yield to temptation,
but rescue us from the evil one.

¹⁴ “If you forgive those who sin against you, your heavenly Father will forgive you.

Prayer can change...

- Our relationship with God
- You
- Others
- Our Fears
- Our Situation
- Our Direction

Big Idea: Prayer moves me from self-centered living to Father-centered trusting.

- Prayer begins with we, not me.
- Prayer shifts me from my kingdom to God's kingdom.
- Prayer is how I ask my Father to provide.

How to know what God's answer is ...

- His word
- His people
- His spirit
- His guidance

If my goodness and knowledge matched His, I would make the same decision.

GROUPS QUESTIONS:

1. What stood out to you most in this week's message, and why?
2. Pastor Rocky introduced three ways we get prayer wrong: the gumball, the slot machine, and the piggy bank. Which of these can you most relate to, and why?
3. Read Matthew 6:9–10. How does beginning prayer with “Our Father” and focusing on God’s holiness reshape the tone of your conversations with Him?
4. Pastor Rocky said, “prayer moves us from self-centered living to Father-centered trusting.” Can you share a time when prayer shifted your mindset or softened your heart?
5. “Prayer shifts me from my kingdom to God’s kingdom.” What parts of your kingdom tend to show up in your prayers, and what would it look like to surrender those areas?
6. Read Matthew 6:14. How does prayer reveal the places where you need to forgive or be forgiven?
7. Think about the list: prayer can change our relationship with God, us, others, fears, situations, and direction. Which of these have you personally seen prayer change, and what did that process look like?
8. We learn to recognize God’s answers through His Word, His people, His Spirit, and His guidance. Which of these is easiest for you to discern and which is hardest, and how might your prayer life grow if you listened through all four?